

OBC 25M 2025: Session: 1: COACH evaluation sheet for TEAM: TRUST

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Ciommo Fabio HEADCOACH

Coaches: Vanderhulst Midas

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 4: 50M FREESTYLE MEN Heat:4, starttime: 09:40

Heat: 4/8 Lane : 3 Athlete: CIOMMO ALESSANDER Q-time: 00:24:12

PB (25m pool): 24.12 Leuven 12 Oct 2025 PB (50m pool): 24.34 SB:

	2 5 M	5 0 M	
PB		24.12	
		24.12	
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN Heat:4, starttime: 09:40

Heat: 4/8 Lane : 5 Athlete: MATTHEUS IBE Q-time: 00:24:08

PB (25m pool): 24.08 Leuven 12 Oct 2025 PB (50m pool): 24.71 SB:

	2 5 M	5 0 M	
PB		24.08	
		24.08	
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN Heat:4, starttime: 09:40

Heat: 4/8 Lane : 7 Athlete: DE SWERDT MATHIAS Q-time: 00:24:14

PB (25m pool): 24.14 Leuven 23 Nov 2024 PB (50m pool): 25.14 SB:

	2 5 M	5 0 M	
PB		24.14	
		24.14	
			

Coach feedback:

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Event number: 6: 100M BREASTSTROKE MEN					Heat:4, starttime: 10:05
Heat: 4/7 Lane : 3 Athlete: PAUWELS SANDER					Q-time: 01:06:69
PB (25m pool): 1:06.69 Leuven 23 Nov 2024					PB (50m pool): 1:10.64 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		30.93		1:06.69	
	30.93		35.76		
					

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN					Heat:5, starttime: 10:05
Heat: 5/7 Lane : 3 Athlete: DEPREZ LUKAS					Q-time: 01:02:56
PB (25m pool): 1:02.56 Gent 9 Nov 2024					PB (50m pool): 1:04.61 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.64		1:02.56	
	29.64		32.92		
					

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN					Heat:7, starttime: 10:10
Heat: 7/7 Lane : 6 Athlete: VANDERHULST MIDAS					Q-time: 01:02:97
PB (25m pool): 1:02.77 Sint Amandsberg 12 Nov 2023					PB (50m pool): 1:06.11 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.09		1:02.77	
	29.9		33.68		
					

Coach feedback:

Event number: 10: 100M BUTTERFLY MEN					Heat:2, starttime: 10:45
Heat: 2/6 Lane : 1 Athlete: VANDERHULST MIDAS					Q-time: 00:59:38
PB (25m pool): 59.38 Leuven 19 Oct 2024					PB (50m pool): 1:09.46 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		27.70		59.38	
	27.70		31.68		
					

Coach feedback:

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Event number: 10: 100M BUTTERFLY MEN					Heat:2, starttime: 10:45
Heat: 2/6 Lane : 6 Athlete: CIOMMO ALESSANDER					Q-time: 00:59:10
PB (25m pool): 59.10 Leuven 11 Oct 2025					PB (50m pool): 59.74 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		27.22		59.10	
	27.22		31.88		
					

Coach feedback:

Event number: 10: 100M BUTTERFLY MEN					Heat:3, starttime: 10:45
Heat: 3/6 Lane : 6 Athlete: DE SWERDT MATHIAS					Q-time: 00:58:54
PB (25m pool): 58.54 Leuven 11 Oct 2025					PB (50m pool): 1:01.77 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		26.86		58.54	
	26.86		31.68		
					

Coach feedback:

Event number: 10: 100M BUTTERFLY MEN					Heat:4, starttime: 10:50
Heat: 4/6 Lane : 3 Athlete: DE SWERDT NIELS					Q-time: 00:55:23
PB (25m pool): 55.23 Leuven 11 Oct 2025					PB (50m pool): 56.90 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		25.85		55.23	
	25.85		29.38		
					

Coach feedback: